

# 7

## MISSION-MINDED

Seeking the Lord's Wisdom for the next Seven  
(7 days, 7 weeks, 7 months, 7 years)

Everyday 24/7, in light of Eternity



A Christian Woman's New Year's Guide to seeking God's Will  
for a Mission-Minded Life

prayer-focus, family priorities, life-surrender,  
vision, dreams, ideas, evaluation, goals,  
destiny, mission, purpose

# 2010

# MY MISSION

**The Great Commandment:** Love God, Love Others!

Jesus said to him, "You shall love the Lord your God with all your heart, with all your soul, and with all your mind."  
This is the first and greatest commandment.  
And the second is like it:  
"You shall love your neighbor as yourself."  
**Matthew 22:37-29**

**The Great Commission:** Share God's Love!

"Go therefore, and make disciples of all nations . . ."  
**Matthew 28:19**

"Go into all the world, and preach the gospel to every creature . . ."  
**Mark 16:15**

"And that repentance and remission of sins should be preached in His name to all nations . . .  
And you are witnesses of these things."  
**Luke 24:47-48**

"...As the Father has sent Me, I also send you."  
**John 20:21**

"...and you shall be witnesses unto Me, in Jerusalem, and in Judea, and in Samaria, and to the uttermost parts of the earth."  
**Acts 1:8**

**"The Great Commission is not an option to consider, but a command to obey."**  
Hudson Taylor, Missionary to China

**"Why should anyone hear the gospel twice, before everyone has heard it once?"**  
Oswald J. Smith, Missionary Evangelist

**"Missions is not just for missionaries. God's call is for all!"**  
Ann Dunagan, The Mission-Minded Family

# Seeking God for the Next 7 . . .

Take 7 days at the beginning of the NEW YEAR . . .

Take time to consider highlights & challenges of 2009, as you look ahead to 2010 and seek the Lord's direction for your 24/7 daily/weekly/yearly time management. Look at your short-, mid-, long-term, and life-long goals, and seek God's eternal mission-minded perspective as you seek His will. You may want to consider fasting.

Keep your answers in a place where you can review them during the year, perhaps once a week, for 7 minutes. In 7 months (around the end of the summer, in July or August), take another week and complete another evaluation and alignment check-up.

**Part 1.** 7 Reflection/7 Projection QUESTIONS - Year-end Evaluation

**Part 2.** Seeking God for Everyday ALIGNMENT 24/7 Evaluation  
7 Areas of Divine Balance: Spirit, Soul, Body, Marriage,  
Motherhood, Home/Life Management, Ministry/Mission

**Part 3.** Seeking God for the next 7 weeks - Short-term Evaluation  
Weekly time management - WEEKLY PRIORITIES

**Part 4.** Seeking God for the next 7 months - Mid-term Evaluation  
Special events - family milestones - MONTHLY GOALS

**Part 5.** Seeking God for the next 7 years - Long-term Evaluation  
7 continents - 7 notes - 7 colors - JOY & VISION

**Part 6.** Seeking God - Eternal focus - Life-long Evaluation  
7 - God's # of completeness & fulfillment - MISSION

**Part 7.** Seeking God for fellowship with Him - Quiet Time Evaluation  
7th day - Knowing God - WORSHIP/DEVOTION

# Part 1 - QUESTIONS

## 7 Reflection Questions: Looking back at 2009

1. **GOALS-ACCOMPLISHMENTS**-What major goals and accomplishments did I achieve or meet this past year? What achievements and accomplishments do I personally feel were the most rewarding and fulfilling?

2. **LIFE HIGHLIGHTS**-In the long run, what will be the top "special" or fun personal or family memories and/or "highlight moments" of 2009?

3. **CHALLENGES**-What area of life was most frustrating or difficult? What would I have done differently if I had known what I know now? What major challenges did I overcome? How did I overcome these problems?

# Part 1 - QUESTIONS

4. **ESTABLISHED RELATIONSHIPS** - As I consider the people in my life - immediate family (marriage, kids), extended relatives, friends, church, work associates - what are strengths & weaknesses of this past year?

5. **NEW PEOPLE** - What people did I meet in 2009? Who do I know better? How have these people impacted my life so far?

6. **MISSION** - How did I help to expand God's Kingdom this past year? Who did I lead closer to Jesus? (Did I share my faith or pray for the lost?) What was my part in God's Great Commission worldwide? Did I help to share the Gospel with people who have yet to hear it? Did I give to missions? Did I encourage my missionaries? Did I follow God's purpose for my life?

7. **DEVOTION** - How would I describe my personal relationship with the Lord this past year? (Time in the Word of God, Daily Prayer, Worship, Church Fellowship, Personal Devotional Life, Obedience)

# Part 1 - QUESTIONS

## 7 Projection Questions: Looking ahead to 2010

1. **GOALS-ACCOMPLISHMENTS**- What major goals will I focus on in 2010? What does God want me to focus on this year?

2. **LIFE HIGHLIGHTS**- What special memories will I make in 2010? Are there special life moments coming in this year (birthdays? anniversaries? graduations? weddings? family holiday plans?)

3. **CHALLENGES**- Are there unhealthy life-style habits or ineffective discipline habits I need to change? What major challenges or problems does God want to change in my life? How will I change to overcome these?

# Part 1 - QUESTIONS

4. **ESTABLISHED RELATIONSHIPS** - What relationships will I focus on in 2010? Will I make any changes to put relationships in order?

5. **NEW PEOPLE** - What new people do I want to meet in 2010? (This can also include learning from others through books and teachings.)

6. **MISSION** - How will I help to expand God's Kingdom in 2010? Who am I praying for who needs Jesus? What is my part in God's Great Commission worldwide? What financial support will I give to missions in 2010? How will my family become more **MISSION-MINDED** in 2010?

7. **DEVOTION** - How will I grow closer to the Lord in 2010? (Time in the Word of God, Daily Prayer, Worship, Church Fellowship, Personal Devotional Life, Obedience)



## Part 2 - 24/7 ALIGNMENT

# MISSION-MINDED Alignment

### How to use this “Alignment Check-up”:

*If your life is feeling somewhat unbalanced, or “out-of-whack” – spiritually, mentally, or physically – try using this alignment checklist. Don’t compare yourself with anyone, or allow yourself to become discouraged by your present situation. This check-up is simply a tool for personal evaluation. By taking an overall look at your life, you will see what areas of your current priorities need special attention, focus, and/or change.*

*For years, I’ve used these tools in my life, along with reviewing God’s calling and “mission” for our family (including a look at our ministry/personal life-goals along with plans and ideas for the future). This check-up is ONLY to be used for a short season (perhaps for ONE WEEK -- and only once or twice a year -- similar to a 6-month physical); but this reviews your overall balance, as you commit every area to the Lord.*

**With God’s help, your entire life can become more balanced, healthy, and fruitful for His mission-minded purposes.** Most likely, you’ll NEVER be able to do everything you expect of yourself, or everything others expect of you; however, if you “step into God’s grace” for your life and follow His daily guidance, you WILL be able to do everything GOD wants you to do (and that’s all that matters)!

*God cares about every area of your life. He cares about your spiritual, mental, and physical well-being. He cares about your marriage (or your singleness with Him); He cares about your motherhood and your kids; He cares about your home-life and your relationships; and He cares about your ministry and your mission to others. God sees the WHOLE PICTURE of your WHOLE LIFE, and God has a divine order for each day!*

### Divine Order for Each Day

An excerpt from *Extravagant Worship*, by Darlene Zschech

For years, I tried to juggle all the elements of life. I knew there was a God call on my life to be in ministry, and yet I also knew that it could never be at the expense of my family. When I tried to juggle all the boxes, I learned the hard way that it is difficult to keep them all from crashing down. So I no longer have boxes for marriage, ministry, and motherhood. Instead, God has shown me that there is a divine order for my life.

Instead of trying to make sure that everything is balanced (there is no prescribed formula of balance), God showed me that I am to break out of the box mentality and instead seek Him for divine order for my life. Each day differs from the day before. The dynamics change, but the call on my life doesn’t. Marriage, motherhood, and ministry are all cohesively part of that call. God anoints us for our entire call.





# Part 2 - 24/7 ALIGNMENT

Date: \_\_\_\_\_

## • JESUS is LORD over my Spirit:

*(I want to get my spirit in total daily alignment with God's Holy Spirit and His Word!)*

	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
Total/50	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•

PRAYER: Am I investing time in PRAYER?  
 BIBLE: Am I investing time in GOD'S WORD (reading/study)?  
 QUIET TIME: Do I have quiet time for WORSHIP/REFLECTION?  
 LEARNING: Am I GROWING spiritually and in FELLOWSHIP?  
 OBEY GOD: Am I living a SPIRIT-LED & JOYFUL life?

## • JESUS is LORD over my Soul:

*(I want to surrender completely to God...and renew my mind, will, and emotions to God's ways!)*

	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
Total/50	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•

MIND - In: Do I READ & LEARN new things?  
 MIND - Out: Do I USE what I have & SHARE what I know?  
 WILL: Do I feel ORGANIZED? Is my life IN ORDER & Control?  
 WORDS: Do my THOUGHTS & SPEECH honor the Lord?  
 EMOTIONS: Do my emotions reflect the FRUIT of the SPIRIT?

## • JESUS is LORD over my Body:

*(My body is the temple of God's Holy Spirit and I want to present myself, in health, as His ambassador!)*

	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
Total/50	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•

SLEEP: Am I getting enough SLEEP?  
 AIR/WATER: Am I getting enough fresh AIR & WATER?  
 FOOD: Am I eating HEALTHY and with MODERATION?  
 BEAUTY: Am I pleased with my current APPEARANCE?  
 FITNESS: Am I at a healthy WEIGHT & getting EXERCISE?

## • JESUS is LORD over my Marriage (or my singleness with the LORD):

*(I want God's passion for marriage, and for my relationships to reflect a joyful, God-glorifying life!)*

	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
Total/50	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•

COMMUNICATE: Am I LISTENING & SHARING? Having FUN?  
 ESTEEM: Am I Kind, ENCOURAGING, & COMPLIMENTING?  
 SURRENDER: Am I being SELFLESS (or selfish)?  
 SUBMISSION: Am I following His LEADERSHIP?  
 LOVE / PURITY: Am I expressing LOVE with passion & purity?

## • JESUS is LORD over my Motherhood:

*(I want God's passion for the next generation...and to be a godly example and encourager in God's kingdom!)*

	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
Total/50	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•

SPIRITUALLY: Am I training my kids to LOVE & FOLLOW GOD?  
 MENTALLY: Am I helping my kids with their LEARNING?  
 PHYSICALLY: Am I providing for my family's PHYSICAL NEEDS?  
 EMOTIONALLY: Am I ENJOYING and having FUN with my kids?  
 VISION: Am I encouraging my children for God's PURPOSE?

## • JESUS is LORD over my Life & Home Management:

*(I want to my life & home to radiate peace & purpose (without CHAOS – "Can't Have Anyone Over Syndrome!")*

	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
Total/50	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•

FOOD/MEALS: Am I preparing & enjoying FAMILY MEALS?  
 CLEANING: Do I keep up with LAUNDRY & CLEANING  
 GUARDED GATES: Am I "GUARDING" my home-life from evil?  
 BEAUTY: Do I bring PEACE & BEAUTY into my home?  
 HOSPITALITY: Do I SHARE & open my home for HOSPITALITY?

## • JESUS is LORD over my Ministry & Mission:

*(I want to live with God's passion & LOVE for others - including people in the Church & people who are lost!)*

	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•
Total/50	•	1	2	3	4	•	6	7	8	9	•
	•	1	2	3	4	•	6	7	8	9	•

PREPARATION: Am I PREPARING for future goals and ministry?  
 SURRENDER: Am I saying NO to busyness and striving?  
 OBEDIENCE: Am I saying YES to God's plans (& NO to others)?  
 SERVANTHOOD: Am I keeping a willing heart to SERVE GOD?  
 MISSIONS: Am I helping to fulfill God's GREAT COMMISSION?

Mark an "X" on each line to indicate your personal current evaluation of each area.

<-- No ----- Sometimes ----- Yes -->

# Part 2 - 24/7 TIME MANAGEMENT

Date: \_\_\_\_\_

6:00	
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10:00	

Another helpful tool is to keep track of your daily schedule for several days.

- Where are you wasting time?
- What areas do you want to change?
- Are you using your time wisely?
- Are you getting enough SLEEP & REST?
- Are you living in God's balance - Spiritually, mentally, physically?

**My Notes / Thoughts:**

A large, bold, red graphic of the numbers '24/7' is positioned in the bottom right corner of the page, overlapping the grid lines.

# Part 3 - WEEKLY PRIORITIES

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday

**SHORT-TERM EVALUATION:** Take a look at your commitments - and specifically, focus on the upcoming 7 weeks as you seek the Lord's direction for your schedule and plans.

**My Notes & Thoughts:**

**7**  
*weeks*

# Part 4 - MONTHLY GOALS

## 2010

January							February							March							April						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
					1	2		1	2	3	4	5	6		1	2	3	4	5	6					1	2	3
3	4	5	6	7	8	9	7	8	9	10	11	12	13	7	8	9	10	11	12	13	4	5	6	7	8	9	10
10	11	12	13	14	15	16	14	15	16	17	18	19	20	14	15	16	17	18	19	20	11	12	13	14	15	16	17
17	18	19	20	21	22	23	21	22	23	24	25	26	27	21	22	23	24	25	26	27	18	19	20	21	22	23	24
24	25	26	27	28	29	30	28							28	29	30	31				25	26	27	28	29	30	
31																											

  

May							June							July							August						
S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S	S	M	T	W	T	F	S
						1			1	2	3	4	5					1	2	3	1	2	3	4	5	6	7
2	3	4	5	6	7	8	6	7	8	9	10	11	12	4	5	6	7	8	9	10	8	9	10	11	12	13	14
9	10	11	12	13	14	15	13	14	15	16	17	18	19	11	12	13	14	15	16	17	15	16	17	18	19	20	21
16	17	18	19	20	21	22	20	21	22	23	24	25	26	18	19	20	21	22	23	24	22	23	24	25	26	27	28
23	24	25	26	27	28	29	27	28	29	30				25	26	27	28	29	30	31	29	30	31				
30	31																										

  

September							October							November							December						
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			1	2	3	4						1	2		1	2	3	4	5	6				1	2	3	4
5	6	7	8	9	10	11	3	4	5	6	7	8	9	7	8	9	10	11	12	13	5	6	7	8	9	10	11
12	13	14	15	16	17	18	10	11	12	13	14	15	16	14	15	16	17	18	19	20	12	13	14	15	16	17	18
19	20	21	22	23	24	25	17	18	19	20	21	22	23	21	22	23	24	25	26	27	19	20	21	22	23	24	25
26	27	28	29	30			24	25	26	27	28	29	30	28	29	30					26	27	28	29	30	31	
							31																				

**MID-TERM EVALUATION:** As you seek God's direction, look at the next 7 months, noting "milestones" such as graduations, birthdays, holidays, and family events. What are your hopes and dreams? How can you prepare so these moments are special, yet not stressful?

**My Notes & Thoughts:**

**7**  
*months*

# Part 5 - LONG-TERM VISION

## 7 - The number of Completeness!



# 7

*years*

Did you know there are 7 notes in a musical scale?  
(A,B,C,D,E,F,G)?

Did you know there are 7 primary colors in a rainbow?  
(Red, Orange, Yellow, Green, Blue, Indigo, and Violet)

Did you know there are 7 continents in the world?



In the Bible, the number 7 signifies completeness and fulfillment.  
God wants our lives to be complete and full - with order and rest.

**Consider your life and family - Where do you want to be in 7 years?  
What are a few (perhaps 7) long-term goals?**

1.

2.

3.

4.

5.

6.

7.

## Part 6 - LIFE-LONG MISSION

### 7 - The number of Fulfillment!

In 70 years, your life on earth will likely be over. Think about your life mission, your legacy, and eternity. How are you fulfilling God's Great Commission? If you could summarize your purpose in one statement, what would it be?

**70**  
*years*

Walt Disney's MISSION is to make people happy.

Google's MISSION is to gather all the world's information and provide access to it online to everyone, for free.

FamilyLife's MISSION is "winning the world, one family at a time."

Jesus told us that the Greatest Commandment is Love God, and to Love others. And He gave us His Great Commission is to "go into all the world and preach the Gospel to every creature" and to "go and make disciples of all nations."

As Christians, and MISSION-MINDED believers, the Great Commission and the Great Commandment will be a part of our life MISSION and purpose. We need to live with ETERNITY in mind, focused on God's CROWNS.

In one sentence, what is your life MISSION statement? Consider your unique gifts, desires, and passions, as you seek God for His specific purpose for your life.

**My MISSION in life is to** \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_



## Part 7 - REST & DEVOTION

### 7 - The number of REST!

On the 7th day of creation, God rested.

In the Ten Commandments, God established the Sabbath Day.

Without legalism, remember that God established a day of rest for our benefit.

As a principle, having a weekly day of rest, along with a daily Quiet Time for devotion and worship is important to maintaining order and balance. Regular times of retreat and/or fasting is also vital.

Recommended One-year Bible-Reading Plan:

<http://www.bible-reading.com/bible-plan.pdf>

What are your thoughts about REST, WORSHIP, & DEVOTION?

What is your plan to stay "self-feeding" in God's Word and in Fellowship with Him?

**7**  
*th*  
*rest*